

PATIENT'S NAME \_\_\_\_\_

DATE \_\_\_\_\_

# GeneSight<sup>®</sup> Discussion Guide

## Dear Clinician,

Your patient is providing you with information about the current state of his/her/their mental health, and information about the GeneSight<sup>®</sup> Psychotropic test, a pharmacogenomic test that analyzes clinically important genetic variations which may impact how your patient metabolizes and/or responds to certain medications used to treat mental health conditions.

## My Personal Assessment



CURRENT MENTAL CONDITION



DIAGNOSED WITH



### MENTAL HEALTH JOURNEY

Taking medications that aren't helping me as much as I'd like, but I'm not experiencing side effects like I have on other medications. My current medication plan isn't helping me as much as I'd like...

**Current medication(s):**

**Past medication(s):**



SMOKING CIGARETTES OR MARIJUANA

# GeneSight is a powerful tool that can shorten a patient's path to remission by enhancing your knowledge and experience.

According to a large study<sup>1</sup>, fewer than 50% of patients with depression responded to their first prescribed medication and with each failed medication trial, their treatment intolerance increases.

In a post-hoc analysis of data from the GUIDED study, the GeneSight Psychotropic test was found to significantly improve clinical outcomes in patients taking medications with gene-drug interactions compared to treatment as usual<sup>2</sup>.

## Remission Rates



## Remission Rates



## Symptom Improvement



## The only neuropsychiatric pharmacogenomic test backed by extensive research.

The clinical validity, clinical utility and economic utility of the GeneSight Psychotropic test have been evaluated in multiple studies published in peer-reviewed journals, including the *Journal of the American Medical Association*, *Journal of Psychiatric Research*, *Psychiatry Research*, *Pharmacogenomics* and others. Results of all our clinical studies can be found on our website [www.GeneSight.com](http://www.GeneSight.com).

## THE GENESIGHT TEST PROCESS



### Step 1

Place your patient's order on your personalized, secure portal at [myGeneSight.com](http://myGeneSight.com).



### Step 2

You or a member of your staff collect the patient's DNA sample with a simple cheek swab OR your patient collects the sample at home using the patient collection kit.



### Step 3

Your patient's sample is sent to our lab for analysis. After the sample is received, results are typically available to you in about 2 days via your portal.



### Step 4

Use the genetic insights from the GeneSight report to inform your treatment.

NOTES



## We're here to help!

Our Medical Affairs team can explain to you and/or your patients how to interpret the GeneSight report

📞 855.891.9415 📧 [medinfo@genesight.com](mailto:medinfo@genesight.com)



## Ready to offer your patient the GeneSight test?

Get started by calling us at **866.757.9204** to register

1. <https://clinicaltrials.gov/ct2/show/NCT00021528>  
2. Thase ME, et al. 2019 J Clin Psychiatry

## Additional Medications



MENTAL HEALTH JOURNEY (CONTINUED FROM PAGE 1)