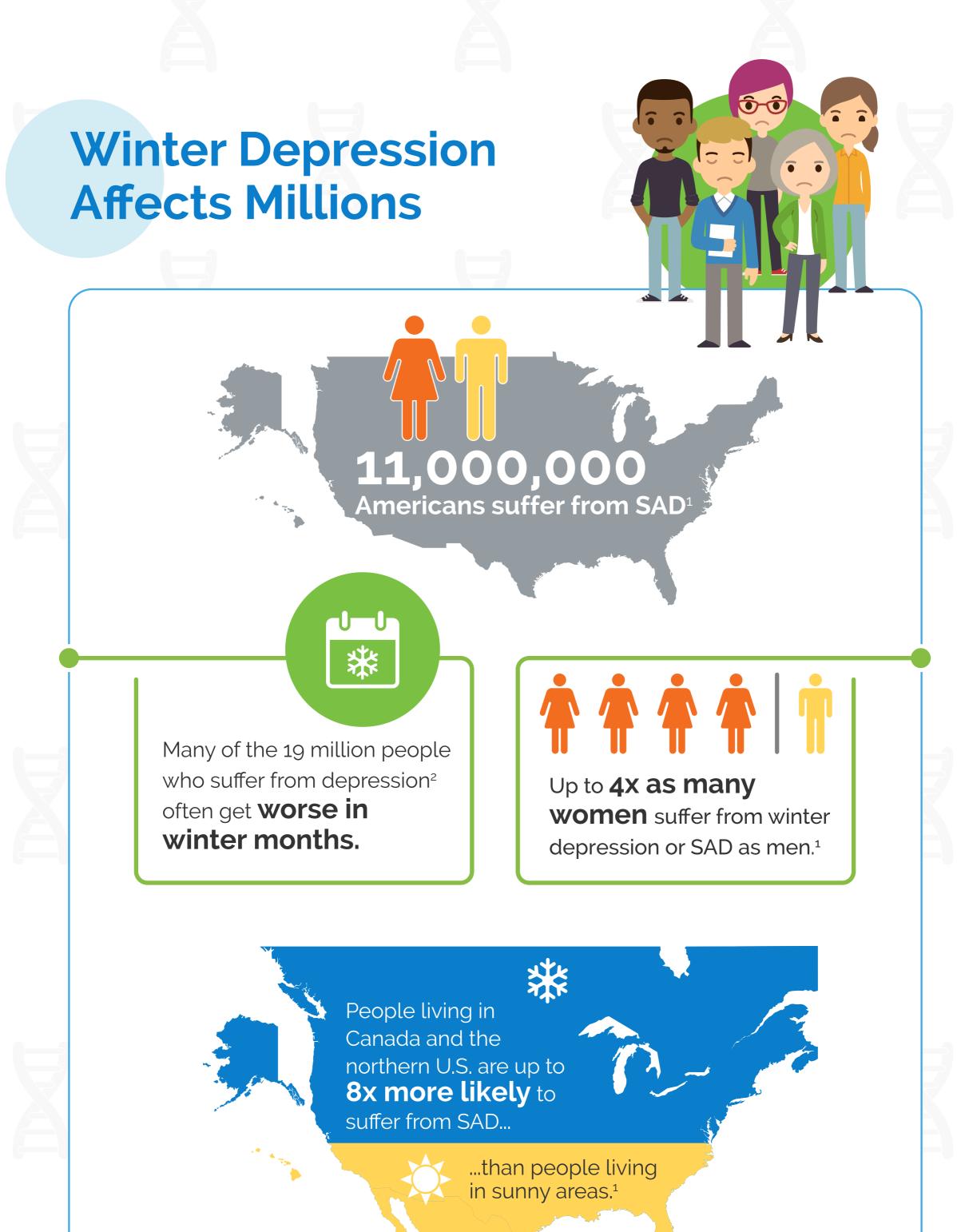
Spotlight on Winter Depression & SAD

Winter depression — also known as Seasonal Affective Disorder (SAD) — can cause hopeless feelings, loss of interest in activities, and thoughts of suicide. Symptoms may begin in late summer and last through spring.1



Symptoms of **Winter Depression**

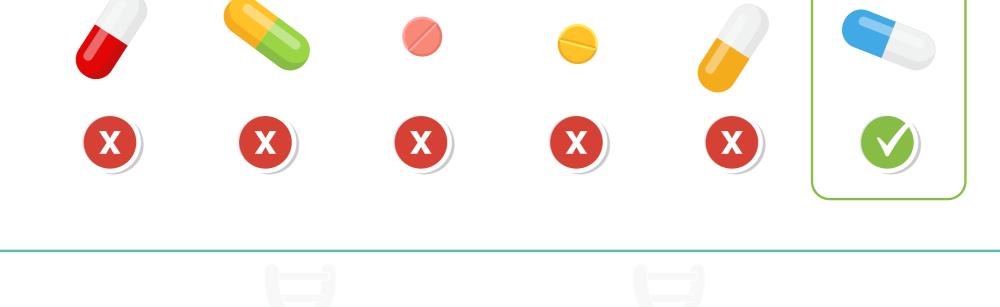


A common treatment is antidepressant medication. Yet, half of major depression patients don't respond to their first

Depression Can Be

Hard to Treat





Be Able to Help



Your DNA May

The GeneSight test uses your genetic makeup to provide your clinician with information about which medications:

The GeneSight® Psychotropic test analyzes how your

DNA may affect your response to medications commonly

prescribed to treat depression.



- May require dose adjustments
- May be less likely to work for you May have an increased risk of
- side effects

genesight®

3 Rush AJ, et al. Acute and longer-term outcomes in depressed outpatients requiring one or several treatment steps: a STAR*D report. Am J Psychiatry 2006; 163:1905-1917.