Tips for Talking to Your Healthcare Provider About the GeneSight® Psychotropic Test

A good patient-clinician relationship should work like a partnership. Take an active role in finding the solution that works best for you.

Here are some tips to help you build a partnership with your doctor to get the genetic insights that may be helpful in your treatment. Start the conversation about the GeneSight Psychotropic test today.

- **Be Prepared**
  - Take along any information the doctor or staff may need to see, like names and contact information of your other clinicians, medical records showing past or current medications and this *GeneSight Doctor Discussion Guide*.

- **Be Open and Confident**
  - Don’t be afraid to share how your current depression treatment is working for you and where it may be falling short.

- **Bring a Friend**
  - The support of a friend or family member can help facilitate the conversation with your doctor and help act as a co-advocate for your care at your next appointment.

- **Discuss Ordering the Test**
  - If you believe the GeneSight test is right for you, discuss the next steps with your doctor. Your doctor can order and conduct the test for you. You’ll be able to review your test results at your next appointment.

Use these tips to prepare for your visit and share the accompanying materials with your doctor.

**Finally, hope is here.**
Preparing For Your GeneSight® Test Discussion.

First and foremost, remember that your doctor is on your side. You both want what’s best for you, and helping you successfully manage your condition is everyone’s top priority. So just be open and honest.

To make the most of your time spent with your doctor, take a moment to list your current and past medications, as well as your concerns about them. Prior to your appointment, please request and bring along any prior medical records from other doctors you may have seen in the past.

**List the medications you and your doctor have tried.**

_________________________  ______________________  ______________________  ______________________

_________________________  ______________________  ______________________  ______________________

_________________________  ______________________  ______________________  ______________________

**What side effects (if any) are you currently experiencing?**

_________________________  ______________________  ______________________  ______________________

_________________________  ______________________  ______________________  ______________________

Four things you can tell your healthcare professional about the GeneSight test:

- The test analyzes my genes to help find the medications that may be right for me.
- More than 400,000 people have been tested with GeneSight tests.
- In only 36 hours, we could have the test results back to your doctor.
- Many healthcare plans, including Medicare and Medicaid, cover the test, and Assurex Health offers a financial assistance program to help make it affordable for those who qualify, if my plan won’t cover it.

For your healthcare professional.

To order the GeneSight test, call our sales team, 866.260.2394. For more information or to see if the GeneSight test may be right for your patient, call our medical information team, 855.891.9415, or visit our website, GeneSight.com.
GeneSight®
Healthcare Professional Quick Guide

Welcome

Your patient has downloaded these materials to help facilitate a discussion with you about potentially using the GeneSight test to assist you in guiding their treatment.

What is the GeneSight® Psychotropic test?
The GeneSight test is a clinically proven, genetic-based decision support tool that can help you get your patients on the right depression medications faster than treatment as usual.

2x THE CHANCE TO FIND AN EFFECTIVE MEDICATION¹ 70% GREATER IMPROVEMENT IN DEPRESSIVE SYMPTOMS²

99% of major depressive disorder medications
96% of general anxiety disorder medications
90% of bipolar disorder medications

To see a complete list of all medications covered by the GeneSight test, visit: https://genesight.com/patients/medications-and-genes-tested/

The GeneSight® test is used by more than 15,000 healthcare professionals to unlock hope.

The development of the GeneSight test in our clinical laboratory was based on technology licensed through our partnership with the Mayo Clinic, renowned for its innovation and research, and Cincinnati Children's Hospital Medical Center, ranked third best children's hospital in the U.S.


©2016 Assurex Health, Inc.
Assurex and GeneSight are registered trademarks of Assurex Health, Inc. All rights reserved.
For your healthcare professional


You'll receive the most comprehensive neuropsychiatric information in a single GeneSight® test report, helping you select medications best suited genetically for your patient.

GeneSight® Psychotropic
COMBINATORIAL PHARMACOGENOMIC TEST


Become a Registered GeneSight User Today

To order the GeneSight test, call our sales team, 866.260.2394. For more information or to see if the GeneSight test may be right for your patient, call our medical information team, 855.891.9415, or visit our website, GeneSight.com.