Tips for Talking to Your Healthcare Provider About the GeneSight® Psychotropic Test

A good patient-clinician relationship should work like a partnership. Take an active role in finding the solution that works best for you.

Here are some tips to help you build a partnership with your doctor to get the genetic insights that may be helpful in your treatment. Start the conversation about the GeneSight Psychotropic test today.

- **Be Prepared**: Take along any information the doctor or staff may need to see, like names and contact information of your other clinicians, medical records showing past or current medications and this GeneSight Doctor Discussion Guide.

- **Be Open and Confident**: Don’t be afraid to share how your current depression treatment is working for you and where it may be falling short.

- **Bring a Friend**: The support of a friend or family member can help facilitate the conversation with your doctor and help act as a co-advocate for your care at your next appointment.

- **Discuss Ordering the Test**: If you believe the GeneSight test is right for you, discuss the next steps with your doctor. Your doctor can order and conduct the test for you. You’ll be able to review your test results at your next appointment.

Use these tips to prepare for your visit and share the accompanying materials with your doctor.

**Finally, hope is here.**
Organize your information

Preparing For Your GeneSight® Test Discussion.

First and foremost, remember that your doctor is on your side. You both want what’s best for you, and helping you successfully manage your condition is everyone’s top priority. So just be open and honest.

To make the most of your time spent with your doctor, take a moment to list your current and past medications, as well as your concerns about them. Prior to your appointment, please request and bring along any prior medical records from other doctors you may have seen in the past.

List the medications you and your doctor have tried.

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What side effects (if any) are you currently experiencing?

____________________________________________________________

____________________________________________________________

Five things to know about the GeneSight test:

- The results of the test can help your doctor prescribe a genetically optimal medication and avoid medications that may cause side effects or be less likely to work.

- Patients whose treatment was guided by the GeneSight Psychotropic test experienced significant improvement in remission and response compared to treatment as usual.

- More than one million people have taken the GeneSight test.

- After we receive your sample, your doctor will typically get test results within 36 hours.

- Many healthcare plans, including Medicare, cover the GeneSight Psychotropic test. There is no cost to the provider to administer the test and we offer the GeneSight Promise for patients.

For your healthcare professional

To order the GeneSight test, contact our sales team through genesight.com/take-the-next-step. For more information or to see if the GeneSight test is right for your patient, call our medical information team at 855.891.9415 or visit our website, GeneSight.com.

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GeneSight® Healthcare Professional Quick Guide

Welcome

Your patient has downloaded these materials to help facilitate a discussion with you about potentially using the GeneSight test to assist you in guiding their treatment.

What is the GeneSight® Psychotropic test?
The GeneSight test is a clinically proven, genetic-based decision support tool that analyzes clinically important genetic variations that may affect your patient’s response to psychiatric medications.

Patients whose clinician used the GeneSight Psychotropic test to guide their treatment experienced:

50% IMPROVEMENT IN REMISSION RATES COMPARED TO TREATMENT AS USUAL

30% INCREASE IN RESPONSE RATES COMPARED TO TREATMENT AS USUAL

To order the GeneSight test, contact our sales team:

genesight.com/take-the-next-step

For more information or to see if the GeneSight test is right for your patient, call our medical information team:

855.891.9415

or visit our website:

GeneSight.com

To see a complete list of all medications covered by the GeneSight test, visit: https://genesight.com/product/

The GeneSight® test has been ordered by more than 37,000 healthcare professionals.

The development of the GeneSight test in our clinical laboratory was based on technology licensed through our partnership with the Mayo Clinic, renowned for its innovation and research.


The GeneSight® test report can help you select a genetically optimal medication for your patient and avoid medications that may cause side effects or be less likely to work.

**CLINICAL CONSIDERATIONS**

- Serum level may be too high, lower doses may be required.
- Serum level may be too low, higher doses may be required.
- Genotype may impact drug mechanism of action and result in reduced efficacy.
- Difficult to predict dose adjustments due to conflicting variations in metabolism.
- Use of this drug may increase risk of side effects.
- FDA label identifies a potential gene-drug interaction for this medication.
- Genesight test report can help you select a genetically optimal medication for your patient and avoid medications that may cause side effects or be less likely to work.

**ANTIDEPRESSANTS**

- **Serotonin Reuptake Inhibitors (SSRIs)**
  - Fluoxetine (Prozac®)
  - Escitalopram (Lexapro®)
  - Citalopram (Celexa®)
  - Paroxetine (Paxil®)
  - Fluvoxamine (Luvox®)
  - Sertraline (Zoloft®)
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